



mercelandia bio

organic grocery online

- oat flakes and fresh fruit     4,50 €
- dry fruits mix     4,50 €
- granola and fresh fruit     5,50 €

breakfast energy fibres with yoghurt or vegan alternative

sweet or savoury sweets and savouries, on display at the counter

please place your order by the grocery counter, inside the store!

toasts and toasted sandwiches 1 e 2

- toast with butter  1,95 €
- toast with jam or honey  2,95 €
- toast with olive oil and oregano    3,50 €
- toast with peanut butter from Aljezur    3,95 €
- toast with almond spread    4,50 €
- toasted cheese or vegetarian ham sandwich 3,50 €
- toasted cheese & vegetarian ham sandwich 3,90 €
- toasted smoked tofu sandwich    with lettuce and tomato 4,50 €



salads, wraps and toasted sandwiches 1, 2 e 3

- fresh vegetables salad     7,50 €
- fresh vegetables salad with two pies  9,50 €
- smoked tofu salad    8,95 €
- mackerel fish* salad    9,50 €
- feta cheese salad   9,50 €
- mackerel* wrap with mayonnaise 9,50 €
- vegan jack fruit wrap with mayonnaise   9,50 €
- vegetarian wrap with peanut butter    9,50 €
- toasted cheese or vegetarian ham sandwich 7,50 €
- toasted cheese & vegetarian ham sandwich 7,95 €
- sardine* bruscheta with olive oil and oregano     9,50 €
- mackerel* with mayonnaise toasted sandwich  8,95 €
- sardine* with olives and mustard toasted sandwich  8,95 €
- toasted smoked tofu sandwich    8,95 €



1 for gluten free toasted sandwiches we have a 1,25 € surcharge per unit

2 for toasted sandwiches with vegan cheese we have a 1,00 € surcharge per unit

3 toasted sandwiches and wraps are garnished with crisps and salad

-  gluten free
-  lactose free
-  vegan
-  refined sugar free

milkshakes, juices and smoothies

- fresh fruit, milk or vegan alternative shake 4,95 €
- mercelandia bio café shake fresh fruit, milk or vegan alternative 5,95 €
- oat flakes, dates, fresh fruit, apple juice, honey and nutmeg
- fresh juice of the day 3,25 €
- fresh fruit and vegetables juice 4,50 €
- fresh fruit and vegetables smoothie 4,95 €
- detox smoothie fruits and vegetables, coconut water and spirulina 5,95 €
- energy boosting smoothie fruit, oat and guarana 5,95 €



speciality coffees and teas

- expresso/ decaffeinated 1,00 €
- double expresso 1,75 €
- expresso with milk 1,25 €
- american coffee 1,60 €
- ice café: double expresso with blended ice 3,20 €
- coffee with milk or vegan alternative  2,50 €
- cappuccino 2,95 €
- barley and other small 1,00 €
- coffee substitutes large 1,75 €
- hot or cold cocoa 3,50 €
- teas and infusions sachets/ leaves 1,75 €
- japanese green or black tea 2,95 €
- chai latte 2,95 €
- matcha latte 3,95 €

non alcoholic beverage

- still mineral water* 50cl 1,50 €
- 1,5 lt 1,75 €
- still mineral water* glass bottle 50cl 1,90 €
- sparkling mineral water* 25cl 1,50 €
- delizum fruit juices 20cl 1,95 €
- whole earth soft drinks 33cl 2,25 €
- why not soft drink 33cl 2,50 €
- kombucha 40cl 2,85 €
- coconut water 33cl 2,50 €

alcoholic beverage

- pils beer 33cl 3,95 €
- glass of wine white, rosé or red 15cl 3,95 €

vat included at legal tax / complaints book available

All items marked as gluten free are prepared with gluten free products, nevertheless our Café is not a gluten free environment for which there may be traces of gluten even in these items.

* organic note - all the articles used in our coffee shop are organic unless they are marked with an asterisk

no dish, food item or beverage, including the couvert, can be charged if it is not ordered by the customer or if the product is damaged

should you require information about the ingredients and allergens of the products on sale and supplied, please ask our associates. thank you.



For the TAKE-AWAY service, we use packaging made from plants, certified as compostable, that must be disposed together with the organic waste.